

GET IN TOUCH NOW

Our mission is to provide compassionate, individualized care through evidence-based practices. We believe in creating a safe, supportive environment where patients feel understood and valued.

Phone : 310-295-0666

Email : info@mercymentalhealth.com

Website : www.mercymentalhealth.com



@mercymentalhealth

WHY CHOOSE US

- **Holistic Care:** We consider all aspects of your well-being, not just your symptoms.
- **Patient-Centered:** Your needs and preferences are at the heart of everything we do.
- **Nonjudgmental Environment:** We provide a safe space where you can feel comfortable sharing your experiences.
- **Evidence-Based Practices:** Our treatments are based on the latest scientific research and clinical expertise.

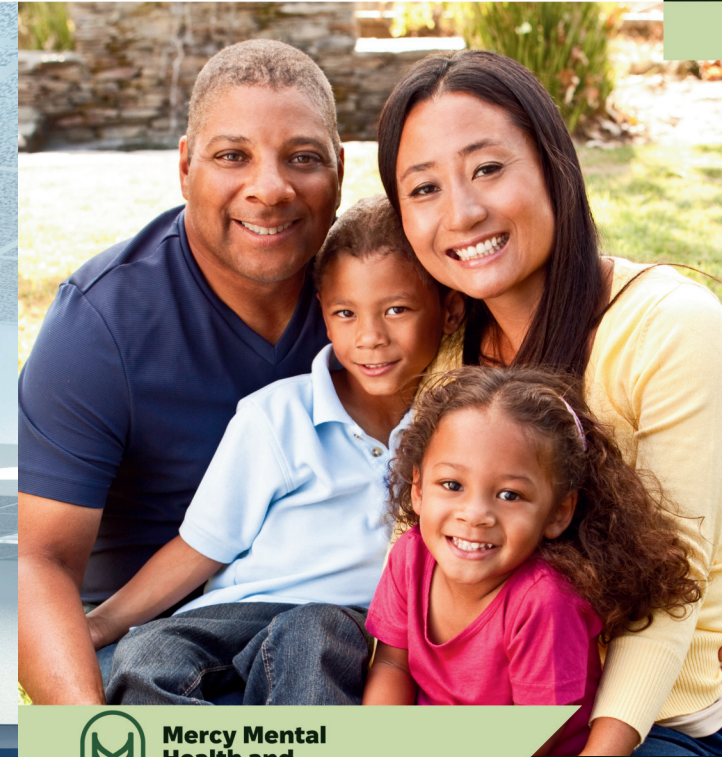
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I was hesitant to seek help, but Mercy Mental Health and Services made me feel comfortable and supported throughout the entire process.

Adam .M.



JOSEPH MWANGI,
MSN, PMHNP-BC
Nurse Practitioner



**Mercy Mental
Health and
Services**

YOU ARE NOT ALONE

WELCOME TO

MERCY MENTAL HEALTH AND SERVICES

- HOLISTIC
- PATIENT-CENTERED
- NONJUDGMENTAL CARE

"YOU ARE NOT ALONE."

ABOUT US

Mercy Mental Health and Services is a mental health practice based in California. We are dedicated to promoting healthy minds and breaking society's mental health stigma.

Our holistic approach ensures that we treat the whole person, not just the symptoms.

Delivering Holistic, Patient-Centered Care, Mercy Mental Health and Services Ensures You Are Never Alone on Your Journey to Wellness.



OUR SERVICES

At Mercy Mental Health and Services, our goal is to promote healthy minds and break society's mental health stigma. We utilize evidence-based practices to ensure compassionate and individualized care for each of our patients.

Psychiatric Evaluation

Our practice offers comprehensive health assessment to understand your mental health needs and develop a personalized treatment plan.

Medication Follow-Up/Management

Ongoing support and management of psychiatric medications to ensure optimal effectiveness and minimal side effects.

Psychiatric Follow-Up

Regular check-ins to monitor progress and adjust treatment plans as needed.



Mercy Mental Health and Services

YOU ARE NOT ALONE



Individual Psychotherapy

One-on-one therapy sessions tailored to your specific mental health concerns and goals.

Supportive and Talk Therapy

Supportive environments where you can discuss your thoughts and feelings openly.

Counseling

Guidance and support to help you navigate life's challenges and improve your overall well-being.

WWW.MERCYMENTALHEALTH.COM